

6/12/20

# LIMITED LUNCH/DINNER MENU

## APPETIZERS

**MOZZARELLA STICKS- \$9.95**  
marinara sauce

**JALAPEÑO POPPERS- \$9.95**  
ranch dressing

**CHICKEN TENDERS- \$9.95**  
ranch dressing

**CHILI FRIES- \$9.95**  
cheese and onions on request

**ONION RINGS**  
small \$5.95 | regular \$8.95

## SOUPS & CHILI (They're back!)

2 fresh soups daily | chili beans

## SALADS

**BBQ CHICKEN SALAD- \$12.50**  
iceberg | peppers | black bean & corn salsa | tomato |  
avocado | chicken | bbq | tortilla strips | ranch on side

**BUFFALO CHICKEN SALAD- \$12.50**  
iceberg | peppers | bean bean & corn salsa | tomato |  
avocado | chicken | buffalo | tortilla strips | ranch on side

**COBB SALAD- \$12.50**  
Mixed greens | chicken | blue cheese crumbles | bacon  
|  
eggs | avocado | tomato | ranch or italian on side

**CAESAR SALAD- \$12.50**  
romaine | croutons | parmesan cheese | caesar  
dressing  
add chicken \$3 | add salmon \$7

**GREEK SALAD- \$12.50**  
romaine | bell peppers | red onions | tomatoes |  
cucumbers | feta cheese | herb vinaigrette

**TOSTADA SALAD- \$12.50**  
tortilla shell | mixed greens | chicken breast | refried  
beans | sour cream | jack & cheddar | red onions |  
tomatoes | guacamole | herb vinaigrette

## SANDWICHES

**TUNA SALAD SANDWICH- \$13.50**  
lettuce | tomato | tuna salad | brioche bun | fruit or  
fries

**COLD TURKEY SANDWICH- \$12.95**  
fresh turkey | lettuce | tomato | 1000 island | grilled  
sourdough | fruit or fries

**TUNA MELT SANDWICH- \$13.50**  
grilled tuna salad | cheddar | grilled sourdough | fruit  
or fries

**BLT SANDWICH- \$10.95**  
Bacon | lettuce | tomato | mayo | grilled sourdough |  
fruit or fries

**GRILLED HAM & CHEESE- \$13.95**  
swiss cheese | grilled sourdough | fruit or fries

**SOURDOUGH MELT SANDWICH- \$13.50**  
turkey or ham | jack cheese | grilled chile | grilled  
onions | tomato | grilled sourdough | fruit or fries

**GRILLED CHEESE SANDWICH- \$10.95**  
american & jack cheese | grilled sourdough | fruit or  
fries

**½ SANDWICH & SOUP OR SALAD- \$10.50**

**½ SANDWICH & SOUP AND SALAD-  
\$12.50**

**HOT TURKEY SANDWICH- \$13.50**  
open-faced | fresh turkey | white bread | gravy |  
cranberry sauce | mashed potatoes

**TBA WRAP- \$13.95**  
fresh turkey | lettuce | tomato | cheddar | bacon |  
avocado | mayo | spinach tortilla | fruit or fries

**VEGGIE WRAP- \$11.95**  
Lettuce | tomato | avocado | swiss | mayo | spinach  
tortilla | fruit or fries

**BASIL PESTO CHICKEN SANDWICH-  
\$12.95**  
chicken breast | jack | ciabatta | pesto sauce | fruit or  
fries

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## BURGERS

### CLASSIC BURGER- \$11.95

beef, chicken breast, or turkey patty | lettuce | tomato | pickles | onions | 1000 | brioche bun | fruit or fries

### CALIFORNIA BURGER- \$13.95

beef, chicken breast, or turkey patty | 1000 island | american | bacon | avocado | fruit or fries

## SOUTH OF THE BORDER

### CHICKEN TACOS- \$12.95

grilled chicken | pico de gallo | corn tortillas | rice | beans

### BREADED FISH TACOS- \$13.95

breaded cod | pico de gallo | corn tortillas | rice | beans

### QUESADILLA- \$9.95

jack & cheddar | rice | beans | chicken add \$3

## PASTAS

### SPAGHETTI

marinara \$11.50 | meat sauce \$12.50 | chili \$12.95  
soup or salad

### RAVIOLI

marinara \$12.50 | meat sauce \$13.50  
soup or salad

### MAC & CHEESE- \$11.95

soup or salad

## BEVERAGES & BEER/WINE

hot tea | bottled water | Perrier | soft drinks | beer | wine

## DESSERTS

cobber | apple pie | pecan pie | more (see java yava menu)

## DINNERS

### FITNESS CHICKEN BREAST- \$14.95

grilled chicken | brown rice | steamed veggies | salad with herb vinaigrette

### FITNESS SALMON- \$19.95

6oz fresh salmon | brown rice | steamed veggies salad with herb vinaigrette

### TURKEY DINNER

senior \$11.95 | regular \$16.95  
fresh turkey | stuffing | mashed potatoes | gravy | veggies |  
cranberry sauce | soup or salad for regular size

### COUNTRY FRIED STEAK DINNER- 15.50

gravy | mashed potatoes | veggies | soup or salad for regular size

### SESAME CHICKEN DINNER- 15.50

teriyaki | sesame seeds | grilled chicken | mashed potatoes | veggies | soup or salad for regular size

### POT ROAST DINNER

senior \$12.95 | regular \$17.95  
gravy | mashed potatoes | veggies | soup or salad for regular size

### FISH & CHIPS DINNER

senior \$12.95 | regular \$16.50  
breaded cod | regular fries | soup or salad for regular size

### MEAT LOAF DINNER

senior \$11.95 | regular \$15.50  
gravy | mashed potatoes | veggies | soup or salad for regular size